

The RTO District 31 Wellness Committee  
presents

# Be Safe, Be Healthy, Be Happy Wellness Workshop

**Marden Community Centre**  
7368 Wellington Rd 30, RR #5, Guelph  
(west of Highway 6 on the north side of Marden Road -  
attached to Marden Branch Library)



Cost: \$10.00 in advance

Light refreshments will be available  
Door Prizes



**Tuesday, May 14, 2019**  
9:00 a.m. to 12:00 noon

## Topics

- *Scams that target seniors in Guelph-Wellington*
- *RTO/ERO's new Wellness Website and Services*
- *The Art of Decluttering your Stuff*

**Detach and send by April 30, 2019 to:**

Brenda McGinnis

32 Gazer Cres Guelph ON N1E 5Z7 phone: 519-824-5263 email: [dmcginc602@rogers.com](mailto:dmcginc602@rogers.com)

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**RTO/ERO DISTRICT 31 WELLNESS WORKSHOP**

Tuesday, May 14, 2019

PLEASE RSVP by April 30, 2019.

Please make reservations for: \_\_\_\_\_.

Enclosed is a cheque payable to RTO/ERO District 31 in the amount of \$\_\_\_\_\_ (\$10 per person).